



Position: Cook 1 (Prep Cook)

Carolina Village, Inc. is a Life Plan Community (Continuing Care Retirement Community) that is proud to be a non-profit organization with a passion for delivering superior care for seniors within a beautiful, energetic community.

The Prep Cook will prepare meal ingredients, simple dishes, condiments, and other items as directed by senior culinary staff.

JOB TYPE

- Full-time

SCHEDULE

- 8-Hour shift

LICENSURE

- Food Safety Certification (Preferred).

RESPONSIBILITIES & DUTIES

- Prepares meal ingredients as directed by the executive chef, kitchen manager, or dining services director.
- Follows recipes correctly and meets production standards.
- Prepares fresh produce by peeling, cutting, and portioning.
- Prepares meat by trimming, cutting, and portioning according to instructions.
- Prepares pastry, breads or salads according to specific position.
- Mixes or prepares condiments, dressings, and sauces.
- Maintains compliance with applicable health, safety, food handling, hygiene codes and standards; must follow standards of labeling & dating items.
- Assists with unloading, inspection, and storage of raw ingredients and supplies when necessary.
- Opening and closing duties as assigned.
- Performs other related duties as assigned.

PHYSICAL DEMANDS

- Prolonged periods of standing and working in a kitchen.
- Exposure to extreme heat, steam, and cold present in a kitchen environment.
- Must be able to lift up to 50 pounds at times.
- Must be able to work late nights and unpredictable hours.
- Manual dexterity to cut and chop foods and perform other related tasks.
- Lift up to 10 lbs: Constantly
- Lift 26 to 50 lbs: Occasionally
- Push/Pull: Constantly



- Standing: Constantly
- Grasping: Constantly
- Handling: Constantly
- Torquing: Frequently

WORK AUTHORIZATION

- United States (Required)

SALARY

- Pay: \$15.00 – \$18.50/hour
- Shift Differentials
 - Additional \$2.00/hour for evenings
 - Additional \$2.00/hour for Saturdays and Sundays
- Overtime pay.
- Holiday pay.

BENEFITS

- Health insurance
- Dental insurance
- Vision insurance
- Disability insurance
- Life insurance
- 403(b) Retirement plan with company match
- Paid time off
- Professional development assistance
- Tuition reimbursement

CULTURE

- Drug-Free Workplace / Tobacco-Free Workplace
- People-oriented -- supportive and fairness-focused
- Team-oriented -- cooperative and collaborative
- Detail-oriented -- quality and precision-focused.
- Stable -- traditional, stable, strong processes

TO APPLY

- Complete an application at www.carolinavillage.com/careers.
- A background check, pre-employment drug screen, and TB skin test will be conducted as conditions of employment.